

**Steyning Parish Church,
1 Vicarage Lane, Steyning BN44 3YL**

Vicar: The Revd Mark Heather LLB BA 879877
vicarofsteyning@gmail.com or rectorofashurst@gmail.com

Ordinand in Training: Caroline Armitage MA (Cantab.) 07789 915988
caroline@steyningparishchurch.org

CHURCH SERVICES

St Andrew's & St Cuthman's

Every Sunday

8:00am 1662 Holy Communion Service

9:30am Sung Eucharist

6:00pm Evening Service

St James's

10:30am Second Sunday Family Service

Fourth Sunday 1662 Holy Communion

Wednesdays at St Andrew's & St Cuthman's

11:30am Midweek Eucharist

SEASON OF CREATION

19 September 9:30am Climate Justice Eucharist at Steyning Parish Church

3 October 9:30am Harvest Thanksgiving Eucharist at Steyning Parish Church

10 October 10:30am Harvest Thanksgiving Family Service at St James, Ashurst

Fr Mark, Vicar of Steyning and Rector of Ashurst

Parish Office Address:

Penfold Hall, Church Street,

Steyning BN44 3YB

Tel: 813276

office@steyningparishchurch.org

www.steyningparishchurch.org

THE OFFICE REMAINS CLOSED BUT IS STAFFED REMOTELY

Post is being picked up and the telephone diverted to the
Parish Administrator: Pat McMullan.

PASTORAL LETTER

Dear Friends,

During the pandemic we have become accustomed to calls for everyone to prepare for 'a new normal'. It is a simple idea. Economic life and businesses may recover in one way or another but will never be exactly the same again. Historians may see the pandemic as something that delivered significant changes and established a new stability. But what do we mean by 'normal' in the first place?



'To live is to change' wrote Cardinal Newman. I have quoted this before but it's important to remember that all created things are transitory. When I was growing-up, I made the mistake of thinking that change was a temporary thing that would go on for as long as I was at school and in higher education but that, one day, everything would settle down. In due course I learned the opposite is true. People and things pass away. Grief will always be a significant part of the human story. At the same time new babies are born, and families grow. We find that change itself is 'normal'.

What is true of the wider world is true of the church too. Things move on. Fashions and services change over the centuries but we must never forget that the vocation of the church is to point to an eternal timelessness. The world will pass away but eternal things will not. The enduring things – like faith and hope and love – are invisible, even if we can only glimpse them through the material. (See 1 Corinthians 13.) In his article on pages 18 and 19 of this magazine Steve McGrath cites the Benedictine wisdom of seeking to finding the still point at the centre of a constantly turning world. As we look forward to making a new start once all pandemic health and safety precautions have been lifted, let's not be tempted to think to tear down our old barns and build bigger ones. God will continue to be God of new life. The Holy Spirit will continue to refresh us with new surprises.

'To be perfect is to have changed often' was the conclusion of Cardinal Newman's sentence above. If it's true – to coin a hackneyed phrase – that today is the first day of the rest of your life, what do you need to let go of, and what do you need to start anew if you're to continue to catch glimpses of heaven?

Fr Mark

FROM THE EDITOR:

Do you say "Where does the time go" or something similar? I do, and suddenly, here we are with a new magazine that comes at the start of Autumn and all the children back at school or the young people going to University. If this is a first time at school or University, we wish you a very happy year.

Thank you for your contributions to the September magazine. Do you feel inspired to write?

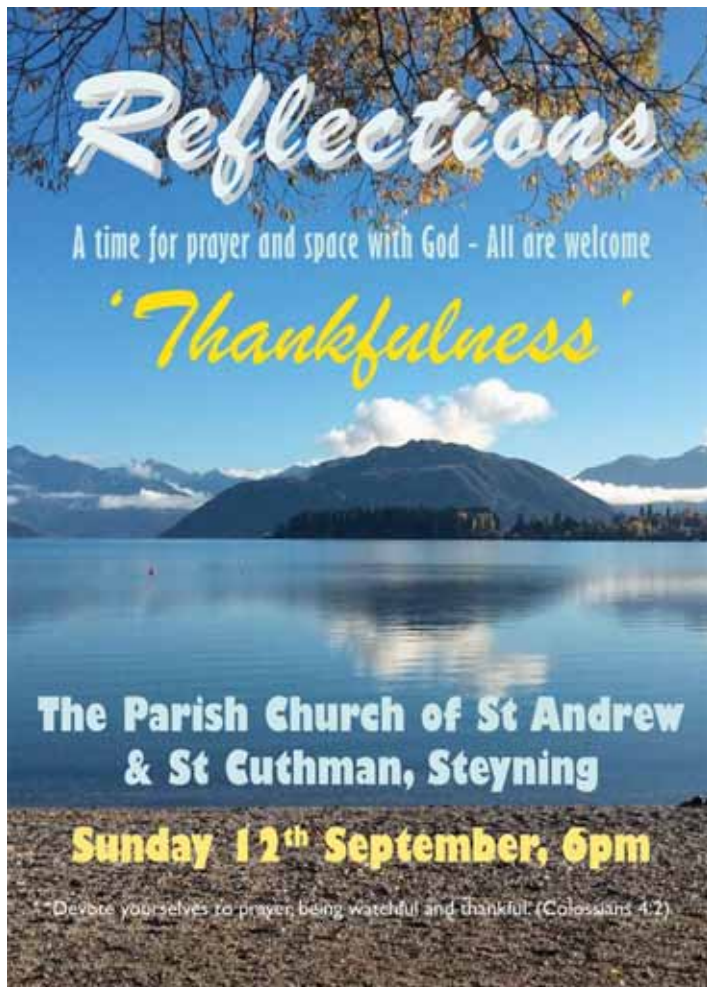
Here is a reminder of where to send your thoughts or pictures:

steyningchurchmag@gmail.com

Thank you .

REFLECTIONS

SUNDAY BULLETIN



The weekly Sunday bulletin sent from the Parish Office gives all the information about services, news and local support etc, and how to access these.

There is also the list of those needing our prayers.

If you would like to receive the bulletin please contact:

office@steyningparishchurch.org

or ring 01903 813276

To add any new prayer requests please contact:

prayers@steyningparishchurch.org

Or ring 01903 813276

PARISH REGISTERS

INTERMENT OF ASHES

14 August 2021 Anna Louise Norman (followed by a memorial service in church)

BAPTISMS



25 July 2021
8 August 2021
15 August 2021
15 August 2021

Ivy Lily Hampson
Cecilia Frances Emilie Gregg (at St James, Ashurst)
Theo Edwin Russell
Ashley Phillip John Moore



WEDDINGS

24 July 2021
24 July 2021

Matthew Edward Gue & Amy Louise Larrson
Hugh Richardson & Charity Knight (at St James, Ashurst)

PAUSE AND PRAY

Blessed are you, creator of all, to you be praise and glory for ever: As your dawn renews the face of the earth bringing light and life to all creation, may we rejoice in this day you have made; as we wake refreshed from the depths of sleep, open our eyes to behold your presence and strengthen our hands to do your will, that the world may rejoice and give you praise.

After Lancelot Andrewes (1626) said at Morning Prayer

Be at peace.

Do not look forward in fear to the changes in life; rather, look to them with full hope that as they arise, God, whose very own you are, will lead you safely through all things; and when you cannot stand it, God will carry you in His arms.

Do not fear what may happen tomorrow; the

same understanding Father who cares for you today will take care of you then and every day.

He will either shield you from suffering or will give you unfailing strength to bear it.

Be at peace, and put aside all anxious thoughts and imaginations.

Be at peace.

Amen.

PRAYER DIARY FOR SEPTEMBER

Sunday 5 The Fourteenth Sunday after Trinity

Wednesday 8 The Birth of the Blessed Virgin Mary

Almighty and everlasting God, who stooped to raise fallen humanity through the child-bearing of blessed Mary: grant that we, who have seen your glory revealed in our human nature and your love made perfect in our weakness, may daily be renewed in your image and conformed to the pattern of your Son, Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Sunday 12 The Fifteenth Sunday after Trinity

Tuesday 14 Holy Cross Day

Almighty God, who in the passion of your blessed Son made an instrument of painful death to be for us the means of life and peace: grant us so to glory in the cross of Christ that we may gladly suffer for his sake; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Sunday 19 The Sixteenth Sunday after Trinity

Tuesday 21 Matthew, Apostle and Evangelist

O Almighty God, whose blessed Son called Matthew the tax collector to be an apostle and evangelist: give us grace to forsake the selfish pursuit of gain and the possessive love of riches that we may follow in the way of your Son Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Wednesday 22, Friday 24, Saturday 25 Ember Days

Sunday 26 The Seventeenth Sunday after Trinity

Wednesday 29 Michael and All Angels

Everlasting God, you have ordained and constituted the ministries of angels and mortals in a wonderful order: grant that as your holy angels always serve you in heaven, so, at your command, they may help and defend us on earth; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Michael (the name means "Who is like God?") is said to be the captain of the heavenly armies. There are thought to be four archangels, Michael, Gabriel, Raphael and Uriel.

On the Feast of Michael and all Angels, popularly called Michaelmas, we give thanks for the many ways in which God's loving care watches over us, both directly and indirectly, and we are reminded that the richness and variety of God's creation far exceeds our knowledge of it.

JUNE ANNE PENGELLY

SOME SPECIAL MOMENTS WITH JUNE (as read in church at June's funeral)

I would like to share some thoughts and special moments we had together. We were born together, well not exactly we used to joke that June was first because it was breakfast time and she was hungry.

We had a lovely childhood. Dad was a policeman but as a family we enjoyed picnics and Mum and Dad played whist and taught us how to play whist and a game called solo. June and I have enjoyed card games and games of different sorts ever since.

One picnic of note when we were about seven, I recall it was quite traumatic. We had an old Austin 7 van, that we called the jalopy. Dad had converted it with windows at the back. It was a beautiful summer day and we had parked with others in a large clearing in a wood. I don't know where Dad had taken the back seat out of the car and we were eating our picnic. Other children were playing and eating when all of a sudden there was a cry from about 100 yards away of 'FIRE'. Looking up the dry undergrowth was alight and was out of control. I remember we were bundled unceremoniously into the jalopy and off we went to find a telephone box to report it. [No mobile phones then!] We had many happy picnics exploring areas around, picking primroses in spring and climbing trees at Goodwood. Happy times. We had an Austin 10 by this time and often went to Wiggonholt Common near Pulborough to explore when Dad was off. Mum's squidgy tomato sandwiches and new Jersey Royal potatoes with a little salt were favourites. Frances was a toddler at this point and I recall her finger being caught in the door as we bundled in to go home one afternoon. We felt terrible because we had been careless. No major damage had been done, thank goodness.

We were not in the same classes at school apart from the reception class at Whitemead. I remember the pair of us being stood on kitchen chairs to try on our new school uniforms and one day sheltering under a tree on the way to school in a hail storm. Mum and Dad decided it would be best for us to be in separate classes, so we actually never had the fun of pretending we were each other and getting into scrapes that way. It also gave us the chance to make our own friends which gave us a sense of independence.

Just after Frances was born Dad was posted to Felpham and later on to Crawley where we were for the big freeze of 1963. I recall going shopping into town and crossing the main road to find all of us flat on our backs having slipped on the ice. The busses were stopped too and we had to walk home from school in a blizzard. We set off with friends and June and I ended the approximately two mile walk together encouraging each other to the end. When we arrived we had a thaw out by our open fire and made toast on a toasting fork - trying not to lose the bread off the fork.



Please turn over

Our family holidays were spent in Cornwall with our grandparents. Dad had been brought up in Penzance and every summer holiday we enjoyed playing on the beaches of Marazion, Mousehole and St Ives and watching the Scillonian leave Penzance harbour and harbour activities at Newlyn. Cornish pasties and clotted cream ice-cream featured too.

As we finished our schooling we both wanted to be teachers although June did ponder on following Dad into the police force for a while. Although it was not planned that way we both went to Eastbourne College of Education in the Geography Department. We both had a brilliant time and made lifelong friends there. Being in the geography department we did a field study each year. Cardiff and the Rhonda Valley and Derbyshire were the ones we really loved and it set off a love for visiting that June and I shared. In our twenties, when we had a little more money we explored home and abroad. Yorkshire, Wales, Paris, Amsterdam, Brussels to name a few. I recall lots of fond memories from our visits but one that stands out was trying to get the hang of the Paris metro. We couldn't for the life of us work out which stations to get off at to visit the places we wanted to visit. So consequently we walked everywhere.

June loved walking and often did the horseshoe as she called it on the Downs around Steyning or walked down by the river or caught the bus to Shoreham or Worthing and take the sea air. We needed to be able to drive on leaving college and Frances will remember June practising in my mini. I had been fortunate enough to pass my driving test before June. We used to drive to quiet roads for June to practise. There is a dead end road near Amberley where we were practising start and emergency stops one day and instead of hitting the brake June partly hit the accelerator and we came to a stop up a bank and to make things worse in an enormous puddle! We had fun and June passed the test and I must say was a good driver.

June started teaching in Horsham at Greenway Junior where she made lots of friends. She shared a house with Dee who loved France and they had a number of holidays in the south of France travelling in Dee's mini.

One year they decided to take bridge lessons at evening classes. I was working in Littlehampton at the time and decided to go too. It was here that we met Jacky, Clive and Andy, the bridge teacher that Dee married. At Greenway June got involved with 'camp'. Taking groups camping and to Poynings and the Isle of Wight for outdoor activities.

June left Greenway to work at Kirdford Junior School where she put on exhibitions of the children's art and craft work. She eventually became acting head for a while until the new head was appointed. That relationship was difficult and June resigned.

June went to art classes at this time and enjoyed painting with watercolour. Some of her work is on the order of service. We found a portfolio of her work and we were amazed at the feelings she conveyed in her pieces. June was very modest; I think she lost herself in her painting.

After teaching which she loved, she worked locally at the Model Bakery in the mornings and ran an afterschool club in Southwater.

Throughout this time we had a share in our narrowboat 'Sojourn'. Our first canal holiday was with Jacky, Clive, Dee, Andy and Angela on the River Wey from Guildford up to the Thames. I had always been interested in industrial archaeology and I think I was the one who got the buying of a share in 'Sojourn' started but we spent many happy holidays aboard travelling around the canal network. Two highlights were crossing the Pontcysyllte aqueduct over the River Dee in Wales towards Llangollen and travelling through the Harecastle tunnel on the Trent and Mersey canal towards the Potteries. Both took a lot of guts but we did it!

One incident I clearly remember was as we were mooring up at Banbury. We were with Jacky and Clive. Clive was at the tiller, June had the front rope and I had the rear one and June tripped and fell into the canal. A shock for us all. A passer-by and I fished June out, glasses still attached. She was completely submerged, soaked, but with her usual good humour said 'well I didn't lose my glasses'. June showered and I remember Jacky and I went searching for a launderette with her clothes. They say you are not a boater until you've fallen in!

A number of our allocated slots on Sojourn coincided with Katrina or Amy's birthday or Easter so we had egg hunts aboard or a birthday party. Great fun.

June loved being an aunty, taking Amy, Emma and Katy out and sharing family meals at Christmas and birthdays. When they were younger we went puddle paddling in wellies and crab fishing off the harbour arm at Littlehampton. Summer picnics were fun even if the weather meant we were eating in the car! All of these occasions often ended with games and fun. June was quite competitive although always played with good humour.

As they got older, theme parks became the order of the day, Poulton Park, Legoland, Chessington and Thorpe Park. June loved the water slides and rides particularly and was keen to have a go at everything.

June has been a member of the church here for a long time and it meant a lot to her. She was on the PCC for quite a while. The service she loved most was the 'From Darkness to Light' service at Advent. June enjoyed House Group discussions and the support members gave each other especially during hard times. Since retiring June has been involved with helping at the coffee mornings and turned her hand occasionally to spud bashing for the lunch club too. She helped run the 'Messy Church' and always knew its value in bringing young people to explore faith through, stories, craft and fun.

We here and many of her friends who were unable to be here today have our own special memories of June and June had many special memories of each of you so as we say goodbye to her today may we take those memories with us.

I would like to read from 1 Corinthians 13 v 4-8. This is how June tried to live her life and what she would wish to pass on.

(The verses, slightly adapted, are written out on the next page)

L *is patient*
O *is kind*
V *it does not envy*
E *it does not boast*
it is not proud
it is not rude
it is not self-seeking
it is not easily angered
keeps no record of wrongs
does not delight in evil
Rejoices with the truth
always protects
always trusts
always hopes
always perseveres
Never Fails

SONGS of PRAISE

Sunday

5 September

Join us in church for an Ecumenical Songs of Praise as part of the Steyning Festival - the first weekend in September. There will be a selection of favourite hymns chosen by members of the local community representing those who have been serving and supporting many through the pandemic. There will also be an opportunity to reflect and remember, as well as give thanks and praise.

The church bells will ring out before the service to welcome you!

This is a ticketed event through the Steyning Festival. There is no charge for entry, but there will be a retiring collection. For more information, please visit the Steyning Festival website www.steyningfestival.co.uk

Steyning Parish Church of St Andrew and St Cuthman,
West Sussex. BN44 3YQ

Ecumenical Songs of Praise



Sunday 5th September 2021 at 7.30pm

Please join us for a selection of favourite hymns chosen by some of those who have been active serving and supporting our community through the pandemic.



No charge for entry - retiring collection.
Ticketed event through the Steyning Festival.
For more info visit: www.steyningfestival.co.uk
Any Covid regulations in place at the time will be observed.

PRAYER FOR HEALING GROUP

In July we were pleased to be able to meet and resume our monthly prayer meeting as a group. It was indeed special to be together again.

We are hoping that our monthly meetings will now be able to resume without interruption and plan to meet together on the **first** Monday morning of each month from September. These meetings are held at one of our homes.

If you wish to make a prayer request or enquiry, please ring or email the parish office, and it will be passed on to one of our group.

prayer@steyningparishchurch.org (01903 813276)

Mary Travers on behalf of the prayer for healing group



PSALM 95

It was way back at the end of July that I began to think about the theme for the cover for this issue of the magazine, and my mind was taken to talk about Creation, and probably use a text from Genesis. Various pictures were tried, and this one chosen and so the front and the inner pages of the magazine began to fill up. Gradually as I studied the picture I knew that Genesis was not quite right and all I could really see was our precious world being held by these large and gentle hands reminding us of the I AM sayings of Jesus. These words kept repeating in my mind: "For the LORD is the great God, the great King above all gods. In his hand are the depths of the earth, and the mountain peaks belong to him. The sea is his, for he made it, and his hands formed the dry land." I remember I learnt this at Crusaders when I was young.

So, here we are in September with the beginning of Psalm 95 and a very few joyous verses written in Hebrew.

Twice in these few verses we are asked, very gently to "Come". To come and worship. To worship with singing, with thanksgiving, with listening and with kneeling in prayer.

All these activities ask us to engage our emotions and imaginations when we worship. How often is it that when we worship we can feel near to tears, or perhaps sway or even clap to the music. To want to raise the roof with our singing or to sit and listen as the choir sing praises to the Lord and that beauty moves us to silence. There is never just one emotion in worship.

Last month I wrote a little about the importance of our hearts. Now I want to say that in worship our personal wills are important - we have to want to worship, and submit our wills to the Lord.

"Come let us bow down in worship". In Genesis Chapter 18 we are told how Abraham had three men come and visit his tent, and when he realised that they were not ordinary men, but God, Abraham lowered himself and prostrated himself before them. Today some will prostrate themselves during parts of worship, but to acknowledge the greatness of God and that He is worthy of my submission to Him I will bow my head; many will bend the knee, and many will kneel, but the dodgy joints do not allow that for me!

Corporate worship engages our emotions, our thoughts and our wills, and will help our beliefs and our lives. All worship is built on tradition and the result of decisions made in the past, and I love that there is a direct tie to where we have been and to where we are going. Worship is just as much influenced by our ancestors as we are in our personal lives, but the invite is to "Come". Come to the building opening your heart and minds and submitting your wills to Him, and worship.

In the middle of these verses we are told that without doubt everything in creation is God's; the land, the sea, the sky, and ultimately we, are His. God created us, and it is an enormous privilege to come to worship to say "Thank you" for creating me; for designing me with all my strangenesses, my sinfulness and my blemishes. Thank you for including me and all those I love in your creation. He is our Shepherd, and we are His flock, His people; God is choosing us - you and me.

So often in the Bible we find stories about God choosing people, Moses, David, Esther, Peter, Paul.....and so on. Firstly I think that God was choosing them for a particular role or task, but then on reflection I think God was really choosing them to be God, to be Jesus, in this world. God is holding the world, and so importantly you and me in his loving hands, and choosing us to do His work among all the ordinary people in His communities; to be His beloved people to pass on belovedness.

Chris Fitton

Thank you everyone for filling the food basket and for helping to keep our Food Bank well stocked. During the school holidays the need for food is even greater.

Sara Fulker has recently been appointed as the FSW practitioner for Storrington Deanery. As soon as it is possible she looks forward to meeting everyone.

A September Deanery Diary Date

At last after all these "stay at home months" we have a Fund Raising Event.

HURRAH!

Wine Tasting at Southlands Valley Vineyard, West Chiltington Wednesday, 15 September 3pm

The Owner, our friend Sarah, will give a talk followed by a wine tasting of the " **Smock Alley Sparkling Wines**". To enjoy with the wine there will be canapés. The members of Sarah's Co-operative will be there to give a tour of the Vineyard. Parking and toilet facilities are a five minute walk from the Vineyard.

Come and taste the sparkling wines and, perhaps, experience another award winning vintage.

Tickets: £15 to include Wine Tasting and Canapes (Elderflower Presse will be available).

Please telephone Wendy to book your tickets: 01903 813306

Sue and Wendy

THE STEYNING SOCIETY



Friday 17th September 2021 at 7:30pm
"Sussex Inn Signs and their history"
An illustrated talk by Dr Janet Pennington

Janet is very well known in Steyning for her entertaining and informative talks as well as her books and themed walks. Janet was archivist at Lancing College and is a Wiston Estate historian.

We extend a warm welcome to you all to join us in The Steyning Centre.

Liquid refreshments will be served.
Free to Members and £2 per guest.

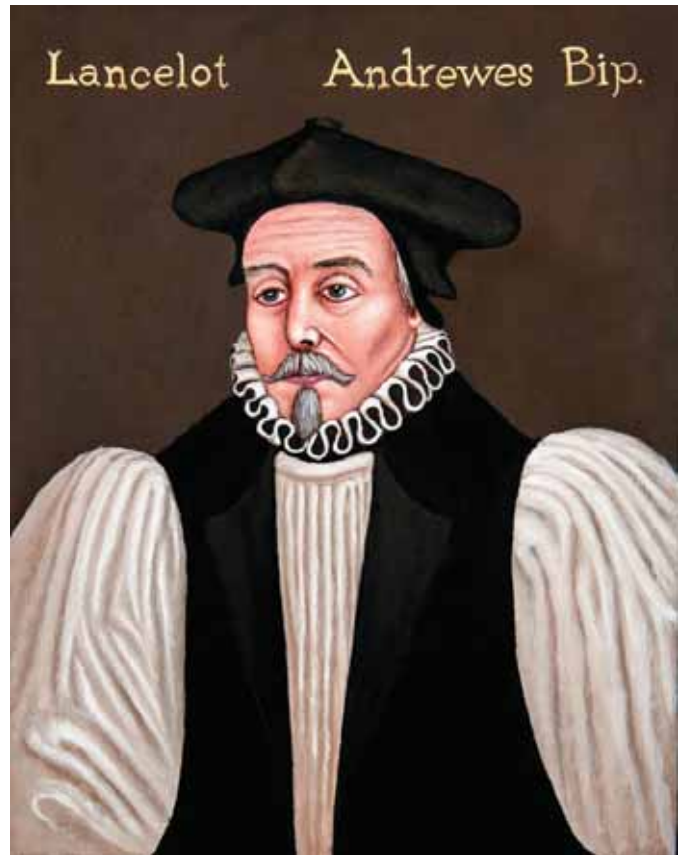
www.steyningsociety.org.uk Registered Charity No. 269859

SAINT OF THE MONTH

BISHOP LANCELOT ANDREWES, SPIRITUAL WRITER (1555-1626)

Lancelot Andrewes was born in London in 1555 and educated at Merchant Taylors School and Pembroke Hall Cambridge where he was elected Fellow in 1575. He was ordained in 1580 and became Vicar of St Giles, Cripplegate in 1589. He became renowned as a powerful preacher and was appointed Master of Pembroke Hall.

In 1601 he became Dean of Westminster and in 1605 was consecrated as Bishop of Chichester. Being one of the most learned men of the age, he worked on the first part of the Old Testament in the translation of the Bible which became known as the Authorised Version or King James Bible. He resisted the more Calvinist theology of the time and was an articulate supporter of a more sacramental understanding of the Church which gave academic underpinning to the movement which became known as High Church Anglicanism.



Andrewes became a great defender of the sacraments and episcopacy and, in his private chapel at Chichester, there was ordered ceremonial and practices in worship which showed his belief in the Real Presence and the doctrine of the Incarnation. But he was best known as a preacher and frequently officiated at the court of James I with many of his sermons being published.

In 1609 he moved from Chichester to become Bishop of Ely and, ten years later, became Bishop of Winchester. He died in September 1626 and is buried in what became Southwark Cathedral. His defence of the Sacraments and his part in the translation of the King James Bible contributed to the Anglican understanding of the Church as being both Bible based and rooted in the Sacraments of the Church Catholic. His Feast Day is 25th September.

TWO QUOTES FROM LANCELOT ANDREWES:

"Two things I recognise, O Lord, in myself: Nature, which thou hast made; Sin, which I have added."

"Take away, O Lord, the veil of my heart while I read the Scriptures."

THE CHURCHYARD



This was one of three lovely Southern Hawker Dragonflies flying around the lower part of the Churchyard adjacent to Gatewick House grounds in early July.

>> Dragonflies spend several years as underwater larvae, and just a short few weeks as flying adults.

>> These may have hatched in the nearby Tanyard stream and are finding lots of flying insects in the wilder part of the Churchyard, which is great!

USPG STAMP RECYCLING



You can now turn your used stamps in to vital funds to support USPG partner churches across the world. By sending in your stamps from your daily post, USPG can recycle these and turn them into donations which will then help to make a difference to our partners across the world.

How do I send in my stamps?

You can order a free, pre-paid envelope by emailing sean@xchange-master.co.uk When the envelope arrives just place your stamps inside and complete the slip that will be sent with the envelope. Then all you need to do is send the freepost envelope back in the post.

Do I need to do anything to the stamps?

Your stamps should be on a single piece of paper (like an envelope) and trimmed to around 4mm to 8mm.

Last month I said about recycling jewellery, watches etc. I still have some envelopes for these.

I now have the envelopes for the recycling of stamps. Please collect one, but do phone first to make sure we are in. 01903 816946.

Chris Fitton

RECYCLING PLASTICS



As you will have seen in a previous issue of this magazine, Greening Steyning have given very clear advice on what to recycle in their baskets at The Farmers Market on the first Saturday every month. I have found of particular use the ability to recycle Triggerheads, empty toothpaste tubes, plastic pens, highlighters and correction fluid little bottles. However, the difficult subject of how to recycle SOFT plastic has remained a problem..... UNTIL NOW!

Since July, **The Co-op** have had their own soft plastic recycling bin for customers' use. Their Website states: "Recycling soft plastics IS SIMPLE! You have to follow the simple rules:

- 1 Clean it – Rinse your packing out first**
- 2 Scrunch it – Scrunch it up tight and if it pings pack, its soft plastic**
- 3 Co-Op it! – Pop into Co-op and put it in one of their soft plastic recycling units"**

As with all recycling, YOU MUST MAKE SURE IT IS CLEAN! The Co-op really have made a huge step forward to help this wonderful planet become free of plastic pollution. They accept the soft plastics from all product items – not just their own brand. One important thing – they do NOT want that plastic used by companies to deliver parcels – this is STRETCHY and does not ping back! Tesco, I know, do accept this in their special bins.

Another recycling development is at **Gatleys Pet Shop** in the High Street who are now collecting any pet food packaging including food pouches as long as they are CLEAN.



Penny Hill – Member of St Andrews Eco Church Team

TIP OF THE MONTH



Do not drink bottled water; **always** use a refillable bottle not made of plastic.

.....

A comment made after the Euro Football competition: "For me, Southgate's management is indeed about more than football. He and his team represent the diverse and inclusive, caring, considerate and confident Britain I want to live in. They give me hope."

We live our lives

thinking we always have more time.

Time to work things out, time to love someone more, busy now, maybe next time. Taking every moment for granted.

When the time comes to say good-bye you'll realize that no matter how much you have loved, it wasn't enough. You see, the only thing that ever really mattered is how much you loved. What did you do? How did you show it? When someone leaves, nothing they have done remains, except the gifts they have taught you and the vision of the part you played in it all.

Unknown / Power of Words 
powerofwords/uk



COMMUNITY COTTAGE COFFEE



Every Wednesday morning we will be offering tea, coffee and conversation from **10.30am until 11.45am.**

The company will be familiar but the location is new.

We will serving up real coffee and big smiles **in the cottage** adjacent to the Vicarage garden.

Do come and join us.

TANKER TALES

In July we had to undergo a 10-day isolation period at home as a result of Emily being confirmed positive for Covid-19. Fortunately Emily's symptoms were no worse than a sore throat and a loss of taste and smell. Even more fortunate, was the fact that nobody else in the home contracted Covid-19 despite maintaining our family hugs and kisses throughout. I say fortunate, but I firmly believe this was the result of prayer, we had felt cocooned in a safety net of peace.

My daily life is normally one of activity so what did I learn from this enforced period of rest? I think firstly it has given me a better understanding of what has been a common experience for many people during the pandemic whilst shielding at home. It made me value the small things that each day brought, such as – the smile from the driver of the grocery delivery, receiving a parcel in the post, or even just taking the bins out felt like an adventure. More than anything it allowed me the opportunity to reconnect with my family whilst we spent time together, all the while mindful of the fact that so many people up and down the country have been forced to spend time alone, or in a top floor flat with no access to a garden, trying to keep young children occupied, or being forced to spend time locked in an abusive relationship with no escape.

From the outset I wanted to make sure that there was some form of structure of normality to each day and as far as possible to keep mentally and physically active. It was easy to see how one could slip into a pattern of idleness. So I was able to catch up on chores around the house and to construct our new shed. It also offered the ideal opportunity to spend quality time reading and writing.

Writing this on the feast day of St Benedict of Nursia (480-547 AD) I reflect on the significance of his 'Rule' and how it remains relevant centuries later. Benedictine spirituality has long held an appealing attraction and one which I feel a natural affinity towards.

Benedictine Monks (& Nuns, Malling Abbey) are invited to take the vows of stability, obedience, and conversion of life (*conversatio morum*). The vows of chastity, poverty, and obedience are associated with Franciscan Friars.

The monk has to learn to see God where he is and to grow where he is planted. He is not to move around (like Friars) but to remain committed to one body or family (enclosed monastery) and not going off on a whim.

For me, **stability** has been the most significant aspect missing from my life during the pandemic and is summarised well by Esther de Waal * – *“Without stability we cannot know our true selves. For we are pulled apart by so many conflicting demands, so many things deserving of our attention, that often it seems as though the centre cannot hold”*.

Conversion of life is little more difficult to define but it essentially means being committed to a particular way of life, in a quest to find God, with a heart that is open to everyone – seeing God in everybody. It is a resolution to live with others, to persevere, in a community. It is natural for conflict to arise in any community, be it family, work or parish, but it is about persevering and reconciling those differences with each other through mutual respect and love. The temptation is to take the easy way out and to leave.

As for **obedience** it has a greater depth than blindly following instructions. Of course a monk is expected to follow the leadership of the Abbot who is set above him, but Benedict does allow the monk a right to make an appeal to the Abbot, although the final decision rests with the Abbot. I was interested to discover that obedience comes from the latin *oboedire* which means not just 'to obey' but 'to listen'. It is about a deeper listening to God and when practised correctly it is a liberating experience, it is about a freedom of discernment as well as a freedom of choosing to follow what has been discerned. In addition the monk is expected to be obedient or committed to his monastic vows and to live a life of respect and faithfulness towards his brothers.

My guilty pleasure has been watching again the BBC documentary The Monastery. Filmed at Worth Abbey, a small group of men from diverse backgrounds, sample the monastic way and it demonstrates clearly how the rhythm of prayer, deep listening and being committed to a community is relevant to all walks of life not just those in religious orders.

My time isolating at home has allowed me to become re-engaged with a rhythm of prayer throughout the day and it has awarded greater clarity in my sense of vocation. As I return back to work it will be something I carry with me, an inner sense of stability that will need to be maintained in the face of the busyness of life – *"We in the world live lives punctuated by the constant expectations of a busy life which, from the ringing of the alarm in the morning until the turning of the latch in the door at night, is made up of situations, encounters, demands which we often would never have chosen and would much prefer to evade if we could. Yet it is just within these limitations that we shall find God. The difficulty is recognising that and then putting it into practice is simply not easy".***

Going forward it is important to consider what I spend my time on and it is only right to offer a portion of the day back to God as by His grace alone do I enjoy the gift of life.

Steve McGrath

*Seeking God by Esther de Waal

**Finding Sanctuary by Abbot Christopher Jamison

STABILITY

CONVERSION

OBEDIENCE

RIDE AND STRIDE

SUSSEX HISTORIC CHURCHES TRUST - RIDE AND STRIDE

This year the sponsored Ride and Stride is up and running again as the Covid Regulations are relaxed.

If you would like to help raise funds for the Sussex Historic Churches Trust and also our own church building (half the funds raised are returned to the parish who raised them) please take part. As many of you will already know you can walk, run, ride a bike or horse visiting as many parish churches as you can in one day or part of a day. This year the action takes place on

Saturday 11th September

For further information, Sponsor Forms and Stickers see John Downe in Church or give him a ring on 01903 814007.

Why not get together with family or friends and take a picnic and have a good time, hopefully in the dry, visiting Churches, enjoying the friendship of friends and family and raising funds for a good cause.



CHURCH FLOWERS

September

4 & 11 Sandra Dibb

18 & 25 June Green



We were so glad that the Flower Team were happy to return to producing a beautiful vase of flowers at the altar since the end of April. This provides a warm and welcoming sign to the congregation and all visitors.

We are most grateful to the Flower Team - and, of course, a reminder that if you would like to join our team we would be delighted for you to join in the fun!

Carol McKechnie

THE LORD'S PRAYER FROM NEW ZEALAND

In the June magazine the cover gave some of the most comforting words Jesus shared in Matthew and Luke's Gospels - the Our Father or the Lord's Prayer. The version I used is said in community or as part of ritual prayer, the following prayer can be a contemplative prayer when prayed slowly and mindfully, perhaps even as lectio divina. You are invited to pray this modern version of the prayer of Jesus from the Anglican Church of New Zealand, which both honours and reflects the indigenous Maori culture.

Eternal Spirit,
Earth-maker, Pain-bearer, Life-giver,
Source of all that is and that shall be,
Father and Mother of us all,
Loving God, in whom is heaven:

The hallowing of your name echoes through the universe!
The way of your justice be followed by the peoples
of the world!
Your heavenly will be done by all created beings!
Your commonwealth of peace and freedom
sustain our hope and come on earth.

With the bread we need for today, feed us.
In the hurts we absorb from one another, forgive us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.

For you reign in the glory of the power that is love,
now and for ever. Amen.

From Facebook

STEYNING MUSEUM

NEW EXHIBITION

This special exhibition to tie in with the Food & Drink Festival will focus on our local allotments and celebrate "Steyning's Passion for Growing".

Lots of photos and mementos from years gone by as well reminiscences from allotment holders past and present.

The Museum is on Church Street right behind the Library and is open every Wednesday to Sunday 10am to 4pm.

For more information visit www.steyning-museum.org.uk

ASHURST CHURCH



Dear people of Steyning and Ashurst,
As a very keen and improving photographer I have many nice shots of many beautiful churches across this land we are all proud to call England. Unable to gain permission to carry out a short photo shoot I happily snapped away till my hearts content, if my actions has in any way offended any person or broken any church rules please accept my apologies. Please find a few photos as a thank you.

Eddie Baker

This email and these photos landed in my inbox, and I share them all with you.

Editor

EMMAUS AND PENFOLD HALL GROUPS

The Emmaus Group will meet on Friday afternoon September 10 at 3pm (Covid restrictions permitting). We will be starting to study a new York Course 'Life to the Full?' For further enquiries please contact Barbara 01903 812823

Penfold Hall house group are delighted to be able to meet again every 2nd and 4th Tuesday of the month, starting on 14 September. The small hall is available to us from 10am to noon. Further details from Mary on 01903 812220

EDWARDIAN ENGLAND

Queen Victoria, whose long reign began in 1837, died peacefully at Osborne House, Cowes, on the Isle of Wight on 22 January 1901 to be replaced as the Monarch by her son Edward (known as Bertie). Thus, the so-called Edwardian age was to sweep Britain into a more modern world. As the pinnace sailed across the Solent with the late queen's body aboard, Edward, who was also present, questioned why the vessel's stern flag was flying at half-mast. Displaying his famous self-indulgence Edward requested that the flag be fully raised at the masthead, as the (new) Monarch was present.



The TV broadcaster and author, Andrew Marr, in his 2009 book entitled *The Making of Modern Britain*, puts it like this: *"Edwardian Britain confronts us with the shock of the entire familiar. If you walk through most British town centres and look only in front, then, yes, the Edwardians and Victorians have gone. The old specialist shops with tradesman's bicycles outside and the freshly scrubbed steps have been replaced by large chain store frontages and a glut of metal, parked or crawling cars. But raise your gaze by a few degrees and often you will find the Edwardians are still with us. There are elaborate brickwork upper stories, fake turrets, old chimneys, faded shop signs, dates, spires, and elaborate windows, evidence that these buildings were originally erected by craftsmen before the First World War. When they first went up on wooden scaffolding ringing to the sound of Irish voices the people who moved in were, like us, fascinated by celebrity gossip, which they devoured in cheap newspapers and the popular magazines. They ate fish and chips and drank quite a lot – even by our standards. The upper classes and working classes behaved in ways that horrified the middle who followed awful murders, worried about the unruly young and argued about divorce, state pensions, socialism and unemployment, much as we do. Working class culture had seized the imagination of the middle classes too with sentimental songs, magicians, dancers, entertainers, infuriatingly hummable tunes and bad jokes. They were also great club formers creating endless leagues and associations, including many of today's football and other sporting clubs".*

Thus, the so-called long and sunlit afternoon had arrived including the typical and personal brand of extravagance by Edward. The new monarch with his strong appetite for country house parties, often demanding much from his government ministers and, of course, his enthusiasm for women, was now in charge, in theory at least, as the old Victorian age values withered away. As this new age progressed, it became evident that two separate issues would stand out head and shoulders above others; namely the key radical concepts of votes for women and Irish Home Rule. In the event whilst the "arguments" for these aspects would be won in Edwardian times, conclusive settlement had to wait until after the 1914-1918 Great War. C. F. G. Masterson's magnificent book, *The Condition of England*, published in 1909, reflects an effective summary on Britain's life and times and expressed a desire for a "new enlightenment".

This did not achieve wholehearted support from the new pleasure-loving King. This publication underlines the further emergence of the middle classes.

Britain, during the Victorian and Edwardian reigns was quite rightly regarded as the richest country in Europe, although by 1913, this description was much questioned as the United States and German economies were closing the gap – German manufactured goods production doubled and America achieved a five-fold increase in trade at this time. Politically, Britain's seemingly endless battles for Empire with France were being replaced by more friendly attitudes coupled with increasing suspicions of sabre rattling with Germany – a nation with a military thinking Kaiser (present at Queen Victoria's death) whose apparent main concept was to acquire strength and territorial power.

Leaving economics aside, literature and story-telling had their place in Edwardian life. Names such as Conan Doyle, John Buchan, Erskine Childers, H. G. Wells, Thomas Hardy, Rudyard Kipling and Rider Haggard (who once stayed at Lloyd George's mother's house in North Wales when Lloyd George was a boy), kept the Edwardians amused and entertained. These were the times of *The Railway Children*, *Peter Pan*, *The Thirty Nine Steps*, and *Wind in the Willows*, which all added to an increasingly interesting life. We have much to thank these great writers for. Although Queen Victoria's admiration for Tennyson (died 1892) was well known, yet enthusiasm for his works continued through Edwardian times even up to our world today – just visit his home and memorial on the Isle of Wight. Painters too had their day. Alfred Munnings (horses), Phil May (line drawing), William Nicholson and John Singer Sargent (an American) are some of the names that mattered then, and even today. Spectator sports too flourished in the early 1900s, the first indications of this being in football and cricket with paying spectators promoting the success of many a game, club or county. Boxing moved away from public house backyards to large halls. Professionalism had arrived. The Olympic Games, which was very different from present times, took place in London in 1908.

The Edwardian era of 1901 – 1914 (although Edward VII died in 1910) heralded, in my view, a huge age of adventure and new technology such as radio, the Dreadnought battleships, economic reality, social concepts, political expansion, telephones, motor transport, the origins of flight, and the commencement of bringing the social classes together, underlining the earlier years of the 20th Century. It was a plethora of inventions. The question surely is how much different things might have been, had it not been for that terrible conflict of 1914-1918.

Suggested reading:

Roy Hattersley, *The Edwardians*, Littlebrown, 2004, London

Andrew Marr, *The Making of Modern Britain*, Macmillan Press, 2009, London.

Ian Ivatt, Steyning History Society

RECIPE FOR SEPTEMBER

PROFITEROLES

Ingredients

60g butter. I used salted as that is what is in the fridge.

150ml water

75g sifted plain flour

2 eggs, beaten, I use large but medium work just fine

150g milk chocolate

20g butter

300ml double cream, can be whipping cream

1tbsp icing sugar

1 tsp vanilla extract add more or less sugar and vanilla to taste



Method

Pre heat the oven to 200 fan

Line a baking tray with baking parchment or equivalent.

1. Put the butter into a heavy pan with the water and heat until the butter melts. Bring to a boil
2. Remove from the heat and add the sifted flour
3. Stir until the mixture forms a ball. Give it a real good stir, it will come together.
4. Leave to cool slightly, so you can just touch it.
5. Add the eggs a bit at a time. After each addition, beat really well. It should form a shiny paste and when you lift the spoon a v should form as it falls off the spoon. You might not need all of the egg.
6. Lightly oil a tablespoon measure spoon. Veg oil works really well.
7. Put 12 tablespoons of the pastry onto your lined tray. Sometimes I get 14, sometimes 10, it all depends. Make sure to leave some space.
8. Pop a bit of water into the jug/bowl you used for the egg. Mix. Brush each profiterole with the watery egg mix. Use upward strokes to encourage it to grow and try to not let any drip on the tray to stop it puffing up
9. Pop in the oven for 10 mins.
10. Directly your timer pings, turn the oven down to 170 fan. Never open the door. Bake for 20 mins.
11. Once cooked, pop onto a rack to cool.
12. Cut each profiterole in half.
13. Using an electric whisk, whisk the cream until thick and spoonable. About 5 mins. Add the sugar and vanilla.
14. Fill the profiteroles. I use a spoon.
15. Break up the chocolate into a microwavable bowl. Add the butter.
16. Heat for 30 seconds in the microwave then mix.
17. Heat again for 30 seconds. Mix. Add more butter or chocolate if not coming together.
18. Spoon onto the top of the profiteroles. Cool then eat within 24 hours.

COUNTRIES OF THE BIBLE

R	Q	M	G	A	M	H	Q	A	S	K	S	T	L	S
Q	M	A	D	C	B	Q	S	A	P	U	F	U	V	C
L	H	C	D	D	N	I	M	O	R	I	O	P	L	R
W	T	E	D	P	A	A	F	P	R	H	N	A	S	E
J	O	D	O	M	R	K	Y	D	G	S	B	I	K	T
S	Y	O	I	I	C	C	K	S	A	I	K	A	Y	E
B	A	N	A	I	T	S	I	L	I	H	P	H	K	L
B	O	I	I	H	J	G	A	X	E	S	O	C	G	B
R	A	A	S	A	A	I	P	G	J	R	J	A	O	X
I	V	B	A	R	P	M	Y	A	N	A	A	N	A	C
W	N	H	Y	O	E	P	R	L	Y	T	H	H	R	H
Z	M	D	I	L	T	P	R	A	M	E	L	I	T	A
S	S	H	I	O	O	X	X	T	G	H	A	D	U	J
S	T	Z	U	A	D	N	O	I	W	O	Q	C	N	U
E	A	S	S	Y	R	I	A	A	U	E	T	T	G	J

ASSYRIA

PERSIA

ROSH

PUT

GALATIA

CYPRUS

MELITA

CANAAN

TOGARMAH

ACHAIA

ASIA MINOR

PHILISTIA

CRETE

EGYPT

BABYLON

TARSHISH

MACEDONIA

INDIA

SAMARIA

ETHIOPIA

JUDAH

Find and circle the words from the list. Words may be forward, backward, vertical or diagonal within the puzzle.

Do you know what the modern equivalents are to these countries?

Assyria = Iraq; Canaan = Israel; Babylon = Iraq; Togarmah = Germany; Tarshish = Spain; Rosh = Russia; Achaia and Macedonia = Greece; Put = Libya; Asia Minor = Turkey; Galatia = Central Turkey; Philistia = Gaza Strip; Samaria = Golan Heights; Melita = Malta; Judah = Israel

ANAGRAM FOR SEPTEMBER

The anagram for September is: CREATION

REMEMBER:

All words to have three or more letters, but only use each letter once.

NO capitalised words, and NO plurals.

You probably realise by now that I love anagrams!! Well this word has eight letters, and I can make another eight letter word, and one or two other words that relate directly to creation. I am certain (7) you will do well.

STEYNING HISTORY SOCIETY

Wednesday, 8 September 2021

STEYNING CENTRE, COOMBE COURT

7.30 p.m, for 7.45 p.m. start

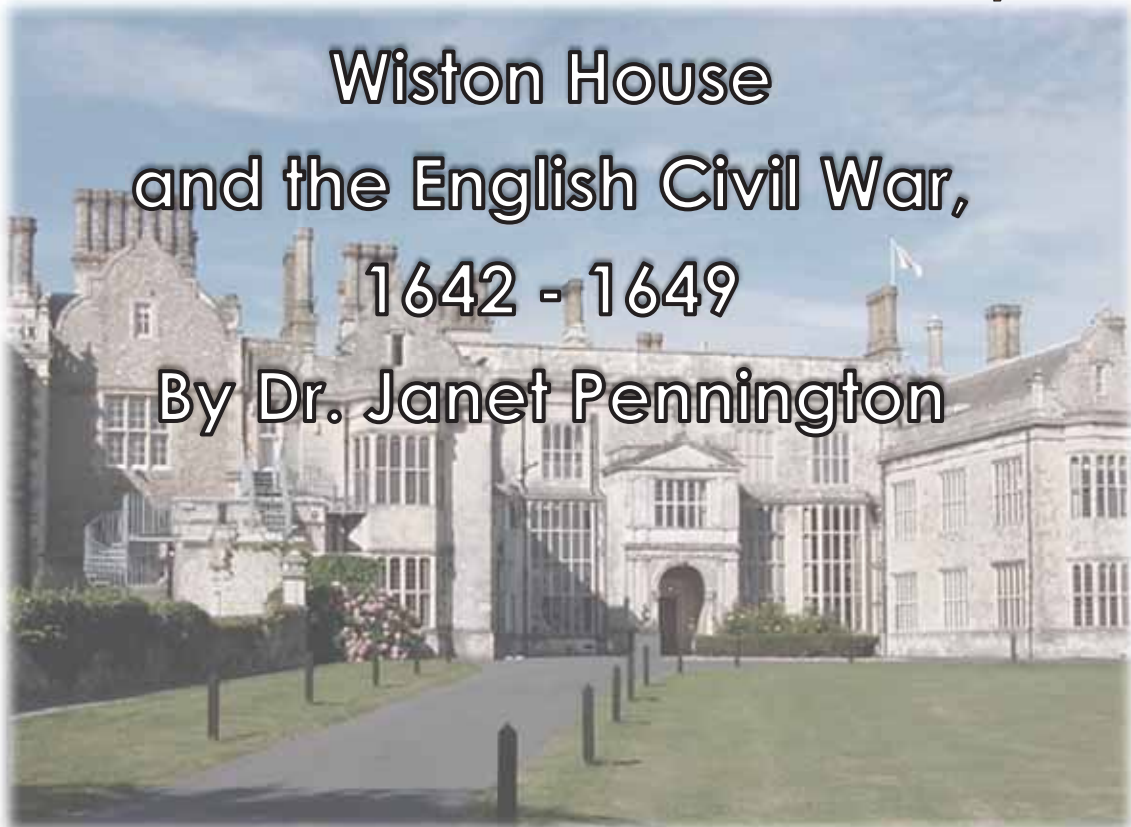
ANNUAL GENERAL MEETING followed by:

Wiston House

and the English Civil War,

1642 - 1649

By Dr. Janet Pennington



Visitors welcome - £4.00

INTO THE GARDEN IN SEPTEMBER

1. Dead head your Dahlias, Penstemon and Roses to keep flowering well into the autumn. Keep feeding with a liquid feed.
2. Begin dividing herbaceous perennials where clumps have become too big. Water in new divided plants.
3. Start planting spring bulbs such as Crocus, Narcissus, Hyacinths.
4. If the weather is already autumnal it is a good time to plant and move shrubs and trees. Keep them well watered once moved. Replanting now will give them a chance to establish before spring.
5. Lift Gladioli corms, dry them off and store in a frost free shed/garage over winter.
6. Plant Wallflower, Pansies, Forget-me-not and other spring bedding in pots and borders.
7. Take cuttings from Fuchsia, Salvias, Penstemon and Pelargoniums.
8. Leave Sunflower seed-heads in place for birds to feed on.

Hope you enjoy the late summer sun and colour in your garden using all the senses and store them away for the winter months.

Giving thanks for gardens.

Robert Hill - Snook



STEYNING FESTIVAL 3 – 5 SEPTEMBER

Steyning Festival will be returning to its home on Cuthman Field (and a few other venues) for a weekend of fun, games, music and entertainment.

We are celebrating our wonderful community and the way in which we have all pulled together during the pandemic. **Saturday** will be Tea and Art in the Park, with all the Fun of the Fair and **Sunday** will be a showcase of all our community groups with our Community Connections Day. See page 11 for details of Songs of Praise. We will have a tree where you can hang a thank you to someone who may have done something big or small, but made a real difference to you or someone you know.

Please see our website for details of all the exciting events on offer

www.steyningfestival.co.uk

As part of the Wilder Horsham District project I've been spending a lot of time in graveyards (even though I'm going to spend an awful lot of time in one in the future). They are great places for wildlife and, as autumn approached, they are good places to look for pipistrelle bats. At this



time of year adult pipistrelles are joined by their pups who are taking their maiden flights. The night sky above the Horsham district is a battlefield of deafening cries as pipistrelles swoop and swirl, plummet and pounce at their insect prey.

The acrobatic anarchy overhead goes unnoticed by us humans. Our hearing is limited and when it comes to night vision, we're as blind as, well, something with really bad eyesight... in fact anything but a bat. Bats have excellent vision. But it certainly isn't their best sense.

Echolocation is one of the animal world's most incredible superpowers. A pipistrelle shouts, the shout hits something and bounces back. This echo is instantly analysed in a remarkable brain which tells the bat how far away the object is and whether it's a mosquito, a moth or a church. To get the maximum information from their echo pipistrelles yell at high frequencies (45 kHz, we can only hear up to 20 kHz). And these shouts are loud; pneumatic drill / jet fighter loud. Up to 110 decibels in some species. A bat would deafen itself if it heard its own shout. So, pipistrelles have to disengage their ears then shout, turn their hearing back on, listen for the echo, analyse, then start over again. All at the rate of 10-15 times a second. This gives bats a phenomenal, multi-layered awareness of their surroundings. Imagine driving down the A272 and not just being aware of the cars in front but also every tree, house, bee and fly that you pass. It's tricky (and impolite) to shout when you're eating and once a moth is in the mouth the bat has to chew-shout-listen-chew-shout-listen to avoid a collision.

There are 17 species of bat in Sussex. Our smallest – the common pipistrelle – is also the one you're most likely to see around your gardens. Back in the 80's there were just four TV channels, two types of videocassette and one species of pipistrelle in Britain. But in the 90's scientists discovered that some pipistrelles were echolocating at higher frequencies (55 kHz); a Montserrat Caballé to the common pipistrelle's Freddie Mercury. These are the soprano pipistrelles. There's now a third: Nathusius' pipistrelle. By affixing lightweight metal rings to this species' wings, researchers have discovered that these bats are migrating to Sussex from as far away as Latvia. An amazing journey for an amazing animal.

