Just as I am, poor wretched blind Sight riches healing of the mind Yea all I need, in Thee to find O Lamb of God, I come

Just as I am, Thou wilt receive, Wilt welcome, pardon, cleanse, relieve; Because Thy promise I believe, O Lamb of God, I come, I come!

Just as I am, Thy love unknown Has broken every barrier down; Now, to be Thine, yea, Thine alone, O Lamb of God, I come,

Just as I am, of that free love The breadth, length, depth and height to prove Here for a season then above O Lamb of God, I come

The Parish Church of St Andrew and St Cuthman, Steyning

# REFLECTIONS

A quiet contemplative service lasting about 40 minutes



MAKING TIME FOR GOD

Please take this service sheet away with you after the service.

6pm 3 September 2023

If you would like to be part of our Reflections team, helping us to put

together the service and/or deliver it, please speak to any one of the team.

### Music on entrance

### Bless the Lord O My Soul

(10,000 reasons) Matt Redman

#### Chorus

Bless the Lord, O my soul, O my soul, worship His holy name. Sing like never before, O my soul. I'll worship your holy name.

#### **Verse**

The sun comes up, it's a new day dawning;

It's time to sing your song again.
Whatever may pass and whatever lies before me.

Let me be singing when the evening comes.

### **Chorus**

You're rich in love and you're slow to anger,

Your name is great and your heart is kind:

For all your goodness I will keep on singing,

Ten thousand reasons for my heart to find.

### **Chorus**

#### **Verse**

And on that day when my strength is failing,

The end draws near and my time has come;

Still my soul sings your praise unending, Ten thousand years and then for evermore.

# Welcome and introduction

Genesis 2:2-3 On the seventh day God completed the work He had been doing; He rested on the seventh day from all the work He had undertaken. God blessed the seventh day and made it holy, because on it He rested from all the work He had done in creation

# **Final Prayers and Blessing**

O Lord our God, grant us grace to desire Thee with our whole heart, that so desiring, we may seek and find Thee, and so finding Thee we may love Thee and loving Thee we may hate those sins from which Thou has redeemed us, for the sake of Jesus Christ,

### Amen

St Anselm (1033-1109)

May the love of the Lord Jesus draw us to Himself,

May the power of the Lord Jesus strengthen us in His service,

May the joy of the Lord Jesus fill our soul

May the blessing of God almighty, the Father, the Son and the Holy Ghost be amongst you and remain with you always,

#### **A**men

William Temple (1881-1944)

# **Closing Music-** (piano)

Just as I am without one plea (NEH 294) Charlotte Elliott (1789-1871)

Just as I am, without one plea, But that Thy blood was shed for me, And that Thou bid'st me come to Thee, O Lamb of God, I come.

Just as I am, though tossed about With many a conflict, many a doubt; Fightings within, and fears without, O Lamb of God, I come,

## **Music out of Silence**

# Reading

### I heard the Voice of Jesus Say (Horatio Bonar) sung by Wendy Ritchie

I heard the voice of Jesus say, "come unto me and rest; lay down, thou weary one, lay down thy head upon my breast." I came to Jesus as I was, so weary, worn, and sad; I found in Him a resting place, and He has made me glad.

I heard the voice of Jesus say, "Behold, I freely give the living water, thirsty one; stoop down, and drink, and live." I came to Jesus, and I drank of that life-giving stream; my thirst was quenched, my soul revived, and now I live in Him.

I heard the voice of Jesus say,
"I am this dark world's light;
look unto me, thy morn shall rise,
and all thy day be bright."
I looked to Jesus, and I found
in Him my star, my sun;
and in that light of life I'll walk,
till trav'ling days are done

# **Meditation on Bible verses**

Hosea 10:12, Sow for yourselves righteousness; reap steadfast love; break up your fallow ground, for it is the time to seek the Lord, that He may come and rain righteousness upon you.

Psalm 145:18 The Lord is near to all who call on Him, to all who call on Him in truth.

Matthew 6:33 But seek first His kingdom and His righteousness, and all these things will be given to you as well.

#### **Lord I have Time**

All complain that they haven't enough time.

They look at their lives from too human a point of view.

There is always time to do what God wants us to do,

but we must put ourselves completely into each moment offered now.

I went out, Lord. People were coming and going, walking and running.

Everything was rushing; cars, trucks, the street, the whole town.

Rushing not to waste time.

To catch up with time, to gain time.

Good bye, excuse me, I haven't time.

I'll come back, I can't wait, I haven't time.

I must end this letter – I haven't time.

I'd love to help you, but I haven't time. I can't accept, having no time.

I can't think, I can't read, I'm swamped, I haven't time.

I'd like to pray, but I haven't time.

You understand, Lord, they simply haven't the time.

The child is playing, he hasn't time right now... later on...

The schoolboy has his homework to do, he hasn't time... later on...

The student had his courses, and so much work... later on...

The young man is at his sports, he hasn't time... later on...

The young married man has his new house; he has to fix it up, he hasn't time... later on...

The grandparents have their grandchildren, they haven't time... later on...

They are dying, they have no...

Too late! They have no more time!

And so people run after time, Lord. They pass through life running – hurried, jostled, overburdened, frantic,

and they never get there. They haven't time.

In spite of all their efforts they're still short of time.

Of a great deal of time.

Lord, you must have made a mistake in your calculations.

There is a big mistake somewhere.

The hours are too short, the days are too short.

Our lives are too short.

You who are beyond time, Lord, you smile to see us fighting it.
And you know what you are doing.
You make no mistakes in your distribution of time to men.

You give each one time to do what you want him to do.

But we must not lose time waste time, kill time, For time is a gift that you give us, But a perishable gift, A gift that does not keep.

Lord, I have time,
I have plenty of time,
All the time that you give me,
The years of my life, the days of my
years, the hours of my days.
They are all mine.
Mine to fill, quietly, calmly,
But to fill completely, up to the brim.
To offer them to you, that of their
insipid water You may make a rich
wine as you made once in Galilee.

I am not asking you today, Lord, for time to do this and then that, but your grace to do conscientiously, in the time that you give, what you want me to do.

- Michel Quoist (1918-1997) Prayers

# Bible reading-

### Luke 10 38-41

As Jesus and His disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what He said. But Martha was distracted by all the preparations that had to be made. She came to Him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

"Martha, Martha," the Lord answered, "you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

### Music into silence

### **Draw Me Close To You**

(Michael W Smith), performed by Life Worship

Draw me close to you
Never let me go
I lay it all down again
To hear you say that I'm your friend
You are my desire
No one else will do
'Cause nothing else can take your place
To feel the warmth of your embrace
Help me find the way
Bring me back to you

You're all I want You're all I've ever needed You're all I want Help me know you are near

# **Reflective Silence**

(We will keep a period of silence for 12-15 minutes, please feel free to find your own quiet place within the church)