

## CLOSING MUSIC

Be still for the presence of the Lord

Be still, for the presence of the Lord,  
The holy one, is here;  
Come bow before him now  
With reverence and fear  
In him no sin is found  
We stand on holy ground.  
Be still, for the presence of the Lord,  
The holy one, is here.

Be still, for the glory of the Lord  
Is shining all around;  
He burns with holy fire,  
With splendour he is crowned:  
How awesome is the sight  
Our radiant king of light!  
Be still, for the glory of the Lord  
Is shining all around.

Be still, for the power of the Lord  
Is moving in this place:  
He comes to cleanse and heal,  
To minister his grace -  
No work too hard for him.  
In faith receive from him.  
Be still, for the power of the Lord  
Is moving in this place.

*David J. Evans (b 1957)  
from BBC 'Songs of Praise'*

Please feel free to leave when you feel  
ready – or stay to the end.

*Please take this sheet home with you.*

*If you would like to be part of the  
Reflections team – please let one of us  
know.*

Our next Reflections will be at 6pm on  
Sunday 2 June, with 'Peace' as the  
theme.

# REFLECTIONS

5 May 2024, 6pm

*A quiet contemplative service  
lasting about 40 minutes*

COME,  
HOLY  
SPIRIT,  
COME

*The Parish Church of  
St Andrew  
and St Cuthman,  
Steyning*

# COME, HOLY SPIRIT, COME

## Music on Entrance

If ye love me

If ye love me, keep my commandments.  
And I will pray the Father,  
and he shall give you another  
comforter,  
that he may 'bide with you forever;  
E'en the sp'rit of truth.

*Thomas Tallis  
(based on John 14:15-17  
Performed by the Cambridge Singers,  
conducted by John Rutter*

## WELCOME and INTRODUCTION

### Bible Reading

John 20:19-22

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you". After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit".

### MUSIC - Hymn

## Breathe on me, Breath of God

Breathe on me breath of God  
Fill me with life anew  
That I may love what thou dost love  
And do what thou wouldst do.

**Peace:** Life without conflict, as well as wholeness and harmony with God and others.

**Patience:** The Holy Spirit empowers us to withstand challenging situations with perseverance and endurance.

**Kindness:** Striving for goodness, integrity and usefulness.

**Generosity:** Not only being good, but doing good things.

**Faithfulness:** Dependability and trust based on our confidence in God and His eternal faithfulness.

**Gentleness:** Blessed are the meek.

**Self-control:** Physically and mentally through the power of the Holy Spirit.

## CLOSING PRAYER

God, who at this time did teach the heart of your faithful people by sending to them the light of the Holy Spirit; grant us by the same Spirit to have a right judgement in all things and evermore to rejoice in His holy comfort. Through the merits of Christ Jesus, our Saviour, who lives and reigns with You in the unity of the same Spirit, one God, now and for ever.

*(Collect for Whit Sunday)*

## BLESSING

## MUSIC OUT OF SILENCE O Fire of the Holy Spirit

Holy Spirit  
The quickener of life  
The motivation of all things  
The root of all creation  
Washing away all that is impure  
Erasing all guilt and anointing the  
wounds  
And thus, an exemplary and laudable  
life  
Awakening and reviving all things.  
*Hildegard of Bingen (1098-1179)*

### PRAYER

Breathe in me, O Holy Spirit,  
That my thoughts may all be holy.  
Act in me, O Holy Spirit,  
That my work, too, may be holy.  
Draw my heart, O Holy Spirit,  
That I love but what is holy.  
Strengthen me, O Holy Spirit,  
To defend all that is holy.  
Guard me, then, O Holy Spirit,  
That I always may be holy.  
*Poetic prayer of St Augustine (354-430)*

### MEDITATION on Bible verses

In Galatians 5:22-23, St Paul lists the Fruits of the Spirit. Let us think for a few moments about each of the Fruits of the Spirit, thanking God when the Holy Spirit helps us and when we see the Spirit at work in others.

**Love:** Jesus commands us to love God and our neighbour as ourselves.  
Thank God for the perfect love that only He can give.

**Joy:** The realisation of God's favour and grace in our life. Lasting happiness that is not dependent on our circumstances.

Breathe on me breath of God  
Until my heart is pure  
Until with thee I will one will  
To do and to endure.

Breathe on me breath of God  
Till I am wholly thine  
Until this earthly part of me  
Glows with the fire divine.

Breathe on me breath of God  
So shall I never die  
But live with thee the perfect life  
Of thine eternity.

*(Edwin Hatch 1835-89)*

NEH 342

*Performed by Wells Cathedral Choir*

### PRAYERS

O Holy Spirit, who spoke through the prophets and the saints, inspiring people with the power to speak for God and live for God, breathe upon us.

O Holy Spirit, who in the hush of an upper room did fall upon men and women like a rushing mighty wind, purifying them as with a flame, sending them out with a power beyond themselves, knit us in a close and loving fellowship that we, too, may receive you. Amen.

Father, who told us to listen to your voice, give us ears to hear your lightest whisper. The daily work and the rush of life around us and the clamour of our own peers and self-concern make such a noise that it is difficult to be quiet before you, and so we may lose the sound of your voice. Teach us how to be more still. Teach us how to shut out all other thoughts and to make a deep silence in our hearts. Then speak to us and we shall be strong to hear, strong to do and strong to follow you. Through Jesus Christ our Lord,  
**Amen.**

## **MUSIC INTO SILENCE** **Veni Creator Spiritus** *(sung in Latin)*

Veni Creator Spiritus,  
Mentes tuorum visita,  
Imple superna gratia,  
Quae tu creasti pectora.

Qui Paraclitus diceris,  
Donum Dei altissimi  
Fons vivus, ignis, caritas,  
Et spiritalis unctio.

Tu septiformis munere,  
Dexteræ Dei tu digitus,  
Tu rite promissum Patris,  
Sermone ditans guttura.

Accende lumen sensibus:  
Infunde amorem cordibus:  
Infirma nostri corporis  
Virtute firmans perpeti.

Hostem repellas longius,  
Pacemque dones protinus:  
Ductore sic te praeviso,  
Vitemus omne noxium.

Per te sciamus da Patrem,  
Noscamus atque Filium;  
Te utriusque Spiritum  
Credamus omni tempore.

Gloria Patri Domino,  
Natoque qui a mortuis  
Surrexit, ac Paraclito,  
In saeculorum saecula. Amen.

*(Gregorian chant, attributed to written by  
Rabanus Maurus, a ninth-century German  
monk, teacher, archbishop, and saint)*

### **English version:**

Come Holy Ghost our souls inspire  
And lighten with celestial fire  
Thou, the anointing Spirit art  
Who dost thy sevenfold gifts impart.

Thy blessed unction from above  
Is comfort, life and fire of love  
Enable with perpetual light  
The dullness of our blinded sight.

Anoint and cheer our soiled face  
With the abundance of thy grace  
Keep far our foes, give peace at home  
Where thou art guide, no ill can come.

Teach us to know the Father, Son  
And thee, of Both, to be but one  
That through the ages all along  
This may be our endless song.

Praise to thy eternal merit  
Father, Son and Holy Spirit.  
Amen

*John Cosin (1594-1672)*

## **PERIOD OF SILENT REFLECTION**

*12-15 minutes*

*Please feel free to move to different  
areas within the church.*